July 2023 Newsletter



Seymour Community High School

Building relationships and ensuring educational success to prepare all students for college, career and community.



I hope this message finds you all in good health and in high spirits. I am excited for the 2023-2024 school year. Welcome back to Seymour Community High School for another enriching academic year filled with learning, growth, and new possibilities. As we begin this new academic year, let us approach it with enthusiasm and determination. Let's discover our passions, embrace challenges, pursue excellence, and let's celebrate our successes, big and small.

I am confident that this year will be filled with achievements, discoveries, and unforgettable memories.

Together, we will make it a year to remember! Welcome back, everyone! Here's to a fantastic and rewarding year ahead!

~Mr. Tom Mueller

Remember to check out our website for the latest news and updates!

www.seymour.k12.wi.us/schools/high/

SCHS Upcoming Events

Schedule Pickup & Pictures—Grades 10, 11 & 12

Thursday, August 17 2:30 pm - 6:30 pm High School Commons

Freshman / New Student Orientation & Open House

Thursday, August 24 Open House from 2:30-6:30 PM

Orientation Meeting (30 minutes)

High School Commons

Students and Parents/Guardians, please attend either 3 pm or 6 pm

Countryside will be here to take School Pictures from 2:30-6:30 pm both days

YEARBOOK PICKUP

Yearbooks will be available in the Commons

August 2 5pm-8pm

August 3 10am-1pm

August 4 8am-11am

August 17 2:30pm-6:30pm

Students or family members can pickup the yearbooks. If you have any questions, please feel free to contact Mrs. Schaumberg at

cschaumberg@seymour.k12.wi.us.

2023-2024 Looking Ahead

<u>September</u>

- 5 First day of school
- 15 No School (Professional Development Staff)
- 20 Senior College Night
- 25 Last day to register for PSAT

October

- 9 PSAT 8:00am-11:00am
- 9 No School (Professional Development Staff)
- 10-11 Musical Auditions 3:15pm—5:30pm
- 13 Homecoming game
- 14 Homecoming dance 8:00pm—11:30pm
- 16 Freshman Athletics & Activities Orientation Meeting
- 17 Blood Drive
- 27 No School

November

- 2-4 Fall Play
- 10 No School (Professional Development Staff)
- 22-24 No School Thanksgiving Break

December

- 1 No School (Professional Development Staff)
- 4 Trimester 2 begins
- 22 Senior Photos due
- 25-29 No School Winter Break

January Happy New Year! 2024

- 1 No School Winter Break
- 15 No School (Professional Development Staff)
- 30 Blood Drive
- ** Academic Career Planning Night TBD **

February

- 8-11 Winter Musical
- 19 No School (Professional Development Staff)

March

- 1 No School (Professional Development Staff)
- 4 Trimester 3 Begins
- 12-15 ACT (specific date TBD)
- 25-29 Spring Break

<u>April</u>

- 1 No School (Professional Development Staff)
- 13 PROM

May

- 6 Senior Graduation Meeting
- 15 Lions Club Banquet
- 22 Academic Awards Ceremony
- 24 Seniors Last Day
- 27 No School—Memorial Day

June

- 2 Graduation
- 5 Last Day of School (1:30pm dismissal)



SCHS Activity / Athletic Department

Thunder Band

With August approaching, we need to prepare for the <u>Burgerfest Parade</u>; the schedule below lists the times. Dress is black shorts, shoes, and the yellow BurgerBand t-shirt, which you buy (\$10) at rehearsal.

As a thank you for your work, the Burgerfest staff will be providing a meal for you after the Parade. Your BurgerBand shirt will get you a free burger, fries, and soda or water. Middle school students can be picked up at Veterans Memorial Park on Main Street after the parade. High school students will be dismissed from the band room after our Pep Band Performance at Burgerfest grounds. Music for the Parade on August 12th will be CHEESEBURGER IN PARADISE & FARM FRESH MASHUP. You may use your music. The Lyres will be \$5, available for purchase. Please see the schedule below:

Wednesday, 8/9 6p–8p Everyone, Drumline/Guard @ 5pm. *HS will rehearse until 9p*
Thursday, 8/10 6p–8p Everyone, Drumline/Guard @ 5pm. *HS will rehearse until 9p*
Saturday, 8/12 10am Parade Report Time. MS dismissal @ 11a. HS dismiss @ 1:30p

SMS, BC and HS band students will meet in the HS band room, Door #5 for Parade

High School Marching Camp--The days we have scheduled in August to work on our fall marching show are very important, as our first performance is on September 16th! Please arrange to attend the following times so we can best prepare for our Pregame & Halftime Performances:

August 21st, 23rd & 28th, 6pm-9pm, at SCHS band room (drumline will begin an hour earlier, at 5pm start).

Start Dates for Fall 2023 Sports

First days of practice:

Football: Tuesday, August 1 Pad Handouts @ noon, practice at 2:45pm

Coach Jason Bins *email: jbins@seymour.k12.wi.us*

Girls Golf: Monday, August 7 7am-9am @ Crystal Springs

Coach Mick Herrala *email: mherrala@seymour.k12.wi.us*

Dance: Monday, August 7 3:30pm-5:30pm SCHS Old Gym

Coach Quincy Fassbender *email: quincy.fassbender@gmail.com*

Swim: Tuesday, August 8 7:30am @ Aquatic Center

Coach Sarah Tracy *email: stracy@seymour.k12.wi.us*

Boys Soccer: Monday, August 14 3pm @ SCHS Field #1

Coach Todd Messner *email: tmessner@seymour.k12.wi.us*

Cross Country: Monday, August 14 3pm-5pm SCHS Field House lobby area

Coach Caitlyn Kastning email: ckastning@seymour.k12.wi.us

Volleyball: Monday, August 14 8am @ SCHS Field House

Coach Amber Thompson *email: athompson@seymour.k12.wi.us*

SCHS Activity / Athletic Department

Co-Curricular Eligibility

All students interested in participating in a competitive or performance-based activity must complete the new online registration process for the 2023-24 school year. Each student and one parent/guardian will need to complete this process **prior to** participating. This will include reviewing the Co-Curricular Code and Acknowledgement, which includes a video and consent. This can be completed at home, but <u>cannot</u> be completed on a cell phone.

The Athletic/Activity Registration can be accessed by going to the Seymour High School webpage and clicking on the link on the center of the page or by going to https://seymourhs-ar.rschooltoday.com

Freshman Athletics & Activities Orientation Meeting

October 16, 2023 ~ 6:30 pm

All incoming freshmen who plan to participate in an athletic, competitive, or performance-based activity need to attend a Freshman Athletics & Activities Orientation Meeting with a parent prior to participating. For activities that start later in the school year, the meeting on October 16th at 6:30pm can be attended. Information about high school activities, including the co-curricular code and other need to know or helpful information will be shared.

Sports Physicals

Bellin Health and Prevea Sports Medicine provides sports physicals at a cost of \$20.00. All the money from these physicals is donated back to Seymour High School. Bellin Health offers this at their Fastcare locations, inside Meijer on Shawano Avenue and at 1976 Lime Kiln Road, both in Green Bay only. Please call 920-445-7377 for more information.

WIAA REQUIRES every student athlete to have a current sports physical in order to be eligible to play high school sports. A physical form MUST be on file with our Athletic Department BEFORE a student can participate in any sport.

Note: Physical exams occurring BEFORE April 1st are good for the remainder of that school year, and up through the end of the following school year.

Example: Physical date: 3/25/22 Good for: 2021-22 and 2022-2023 school years

Physical exams occurring AFTER April 1st are good for the remainder of the school year and the following TWO school years.

Example: Physical date: 4/15/22 Good for 2021-22, 2022-23 and 2023-24 school years

WIAA Physical Exam Forms can be downloaded from this link on the WIAA website:

https://www.wiaawi.org/Health/Forms-Physical-and-Publications

Or from the Seymour High School Website:

https://www.seymour.k12.wi.us/high/athletics home.cfm



Fall Play

A Night With Seymour Theater... WHAT COULD GO WRONG?

an event in two acts



By Werner Trieschmann

Written by Henry Lewis, Jonathan Sayer and Henry Shields

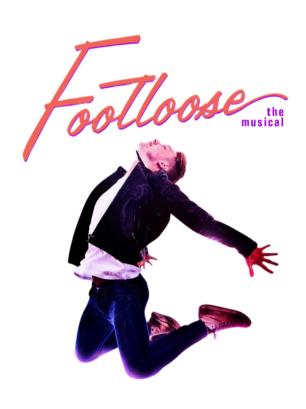
DIRECTING A PLAY ISN'T AS EASY AS IT SEEMS.

November 2-4, 2023

Nov 2, 7pm | Nov 3, 7pm | Nov 4, 1pm Nov 4, 7pm

Tickets go on sale Oct 15 | All tickets \$10

Winter Musical



February 8-11, 2024

Feb 8, 7pm | Feb 9, 7pm | Feb 10, 1pm Feb 10, 7pm | Feb 11, 1pm

Tickets go on sale Jan 14 | All tickets \$15

Fall Play Auditions: August 24 3:30

Fall Play Rehearsals begin: August 28, 3:15

Musical Parent Meeting: October 3, 6:30

Fall Play Performances: November 2-4

Winter Musical Auditions: October 10 and 11, 3:15

Winter Musical Dates: February 8-11

To buy tickets, join Seymour Theater, become a Sponsor, photo galleries, newsletters, calendars, Contact Us, and MORE, visit:

www.seymourtheater.com

SCHS Student Services

CollegeBoard PSAT / NMSQT

About the PSAT/NMSQT

The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) is a program cosponsored by the College Board and National Merit Scholarship Corporation (NMSC). It is a standardized test that provides first hand practice for the SAT. It also gives you a chance to enter the NMSC scholarship programs and gain access to college and career planning tools. The PSAT/NMSQT measures critical reading skills, math problem-solving skills and writing skills. This test doesn't require you to recall specific facts from your classes.

Please contact Theresa Van Dyke if you have any questions. tvandyke@seymour.k12.wi.us/920-833-2306 *432

Dates and Details:

- The PSAT/NMSQT will be <u>Monday, October 9th, 2023</u> at the high school
- The test will begin at 8 am. There is no school on this day.
- Freshmen, Sophomores and Juniors who plan to take the PSAT may register online.
- The last day to register is <u>Monday</u>, <u>September 5th</u>, <u>2023</u>. However, if a student needs accommodations, those must be submitted in early August, so please register soon.
- The fee can be paid through e-Funds. All payments must be made online.
- Fee: \$18.00 (the fee is waived if you qualify and filled out the Free & Reduced Lunch Form)

Senior College Night

SCHS will be holding a **Senior College Night** in the high school auditorium on **September 20 @ 6pm** with presentations by the school counselors and a college financial aid advisor. A representative from Oneida Higher Education will also be available for questions regarding the grant.

Topics covered will include important information regarding the college application and financial aid process. All seniors who plan on enrolling in a technical or 4 year college should attend along with their parents/guardians. We will have a question and answer session as well.

USDA Free and Reduced Price Meals

Applications are now available on our school website Also at the HS main office.

2023/2024 Breakfast/Lunch/Milk Fees \$1.50 Breakfast, \$0.30 reduced Breakfast \$2.80 Lunch, \$0.40 reduced Lunch, \$0.40 Milk



Calling all Juniors and Seniors interested in Youth Apprenticeship for the upcoming School Year!

There's is still time to apply and be placed! Contact Jamie Brown YA Coordinator 920-236-0885

jbrown@cesa6.org | Yawisconsin.org



...more info from SCHS

Senior Photo Info

Please note that senior photos are due **DECEMBER 22, 2023** in order to be included in the yearbook. If we do not receive an acceptable photo, the student ID photo will be used. Please discuss the following with your photographer BEFORE photos are taken, since not all images are acceptable.

How to Submit a Photo

When the Jostens site opens we will post it on the school website as well as Facebook pages.

Photo Requirements:

- IMPORTANT: Face must fit within and approximately fill the dotted lines (we will crop/zoom in if necessary, but we cannot zoom out or add more background for you)
- Name the file with the student's name (Last_First)
- Head and shoulder shot
- Follow school dress code
- No props in yearbook photo
- No hats
- No black and white photos
- Vertical photo (portrait orientation)
- Minimum 3.5" H by 2.5" W at 300 dpi (dots per inch) or 900 x 750 pixels
- TIF or JPEG file
- Non-distracting background preferred
- Do not screenshot a photo and send it in. It needs to be the original file or it may not work

Questions? Contact Mrs. Schaumberg *cschaumberg@seymour.k12.wi.us* or Mrs. Glover *cglover@seymour.k12.wi.us*

Any families that may need assistance

Mr. Tom Mueller at 833-2306 ext.490.

with supplies or fees should contact

School Supplies and Course Fee Information

Due to supply needs varying based on the courses your student(s) will be taking, SCHS has put together a list of the most commonly used items for a variety of courses. Teachers will inform students of a specific supply/supplies they will need on the first day of school.

Backpacks are required to be kept in lockers during the school day. However, students will be allowed to carry a pencil/pen case throughout the day. This case should not exceed 11" x 6". If a student is injured and needs the convenience of a backpack, please contact Student Services.

Suggested SCHS supplies:

- Single subject wire notebook and folder for each class
- Pens, pencils, and highlighters
- Pencil/pen case, not to exceed 11" x 6"
- Safety glasses for technology and/or jewelry classes
- Sketchbook for all art classes
- Earbuds
- Phy Ed-students may want to purchase separate shorts, shirt and/or gym shoes. Locks are also available for purchase in the HS Main Office \$6.00

College Credit Precalculus and College Credit Calculus students should purchase one of the following graphing calculators by Texas Instruments: *Certain models, such as TI-89 or any other model containing CAS will not be allowed

- TI-84 Plus C Silver Edition (this is a color model with TI rechargeable battery)
- TI-84 Plus Silver Edition
- TI-84 Plus

The 23/24 school fee is \$20.00 per student. There may be additional project-based classes that will require a fee as well as college credit classes taught at SCHS. Once schedules have been finalized, if you have questions regarding courses and their corresponding fee, please reach out to Lynn Kolling in the high school main office.

School & Course Fees

Ikolling@seymour.k12.wi.us / 920-833-2306 ext.428

24/7 CALL/TEXT/CHAT

988 SUICIDE & CRISIS LIFELINE

THE 988 SUICIDE & CRISIS LIFELINE IS HERE AND READY TO HELP.

Anyone in Wisconsin can call or text 988 or use the chat function via www.988lifeline.org to reach out and get the help they need. 988 is ready to provide support for anyone experiencing a suicidal, mental health, and/or substance use crisis. People can also contact 988 if they are concerned about a loved one in crisis.



ABOUT 988 IN WISCONSIN

- Wisconsinites who use 988 will connect with Wisconsin Lifeline, an in-state support center where trained counselors answer calls and texts to 988, as well as chats from the www.988lifeline.org website.
- Wisconsin Lifeline counselors are trained to reduce stress, provide emotional support, and connect people with local resources.
- Use of the 988 Suicide & Crisis Lifeline is available at NO COST to Wisconsin residents. Additional care or intervention that may result from contact with the Wisconsin Lifeline may come with a cost.
- Wisconsin Lifeline is not able to send an in-person response directly. An in-person response requires a transfer to another service and could involve law enforcement.
- Calls, texts, and chats with Wisconsin Lifeline are kept confidential between the person and counselor, unless there is imminent danger for the person or others.

ABOUT WISCONSIN LIFELINE

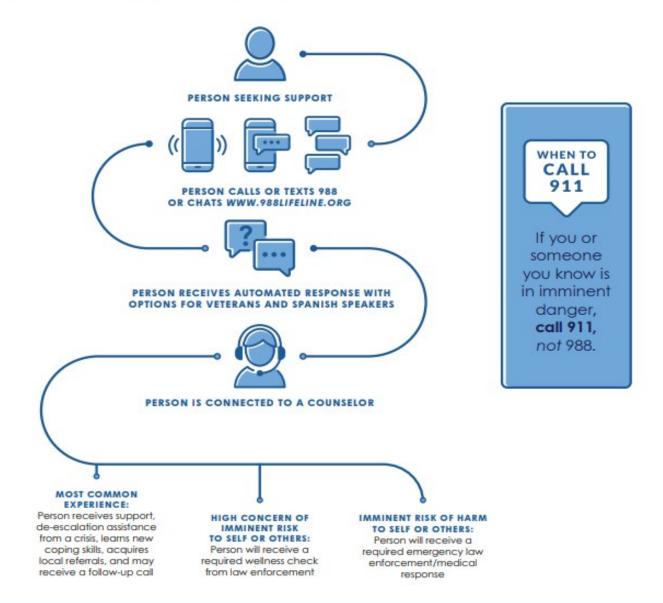
- Wisconsin Lifeline is Wisconsin's 988 Suicide & Crisis Lifeline service, answering calls, texts, and chats that come from residents throughout the state.
- It is operated by Family Services of Northeast Wisconsin, an agency based in Green Bay that serves all of Wisconsin with its 988 Suicide & Crisis Lifeline call center.
- The counselors at Wisconsin Lifeline are trained to listen and support people through their distress with a focus on de-escalation and coping skills.
- Wisconsin Lifeline has some bilingual counselors and staff. Third party interpreters for over 90 languages are available 24/7.
- Wisconsin Lifeline answers and responds to calls, texts, and chats as quickly as possible to minimize wait times between initial contact and counseling.
- Wisconsin Lifeline is supported and funded by the Wisconsin Department of Health Services.
- After two years of planning, the Wisconsin Department of Health Services and the Wisconsin Lifeline are prepared to manage the statewide 988 service.





WHAT HAPPENS

WHEN YOU CONTACT 988?







Student & Family Assistance Program Life Balance Services

Advocate Aurora Student & Family Assistance Program (SFAP) is happy to provide valuable resources for your family's life balance needs. Services are provided at no cost to school/district families. We will explain the available services and connect you with one of our life balance specialists. We can provide resources and referrals for any of the following common concerns:

Adoption information services

Our specialists can guide you through the adoption process, explaining choices and costs, and provide referrals to adoption agencies, attorneys, community resources and support groups.

Childcare consultation, information and referrals

Our trained childcare specialists will listen to your needs, research options that match your requirements, and verify qualifications and availability before providing you with a list of referrals from which to choose. We also offer information kits on parenting topics such as first-time parents, summer care, and back-to-school planning.

Elder care consultation, information and referrals

Our knowledgeable elder care specialists will guide you through the vast array of elder care resources and help you find those that are right for you and your loved one – regardless of where they reside.

Financial consultation

Our financial professionals can offer sound, objective advice on a range of issues. These topics include financial coaching, debt management, budgeting, retirement planning, and student loan counseling.

Legal consultation

Our legal services include a free 30-minute telephonic consultation with an attorney. This session generally provides the answers and next-step advice that most individuals need to get started along the legal process. If further legal services are needed, attorney services are offered at a 25% reduced fee. Legal matters may include civil/consumer issues, personal/family issues (including divorce or child custody), personal injury, and real estate, taxes or estate planning. Employment law is excluded from this benefit.

Contact AAH SFAP today!

800.236.3231 www.aah.org/sfap

