

**Seymour
Community
Aquatic Center**

Into the Blue

**2017
Summer
Session**

Aqua Aerobics

W 5:30-6:30 pm

June: 7,14

July: NA

August: 2,9,16,23

Aqua Aerobics

T/TH 6:00-7:00 am

June: 6,8,13,22,27,29

July: 11,13,18,20,25

August: 1,3,8,10,15,17,22,24

Aqua Aerobics

Sat 8:30-9:30 am

June: 10,24

July: NA

August: 5,19,26

Deep Water

F 6:00-7:00 am

June: 9,23,30

July: 14,21

August: 4,11,18,25

Senior Fit Club

M/W 10:30-11:30 am

June: 5,7,12,14,19,21,26,28

July: 10,12,17,19,24,26,31

August: 2,7,9,14,16,21,23

Stay Active This Summer!

**No membership and No registration required,
Just drop in.**

**A minimum of 5 participants needed
to maintain classes
throughout the summer session.**

**\$3.00
per class**